

ROPE WRENCH & TETHERS

- RP285** APEX Rope Wrench
- RP286/RP283** Rope Wrench
- RT300A2** Squirrel FLEX Tether
- RT306A** Chipmunk FLEX Tether
- RT290X** Squirrel (Aluminium) Tether
- RT290C2** Standard Textile Twin Tether
- RT290B1** Standard Textile Single Tether

SPECIAL ROPE WRENCH & TETHER WARNINGS

Never use as life support. Failure to use proper life support will lead to serious injury or death.

For use only by Arborists who are experienced in SRT. Using the Rope Wrench without proper training and experience with SRT can lead to serious injury or death.

Practice using device "low and slow" before using at heights.

Improper orientation of installation will cause the device not to function.

Read and follow all of these instructions before using the device.

Serial Number:

Date of Manufacture:

Care & Maintenance



- 1 Manufacturer's Identification
- 2 Product Name
- 3 Location of Manufacture
- 4 Serial Number
- 5 Working Load Limit
- 6 Rope Diameter Range
- 7 Weight
- 8 Adjustable Cam
- 9 Cam Setting Indicator
- 10 Sic Pin
- 11 Spring-loaded Frame Lock Button
- 12 Tether Attachment Point
- 13 General Information
- 14 Picogram Informing User to Read Instructions
- 15 Part Number
- 16 RP285 11-13mm (7/16-1/2)
- 17 RP283 Optimised for 13mm (1/2) only
- 18 RP286 APX2 Adjustable for 11-13mm (7/16-1/2)

Equipment Requirements

Rope Wrench
Always use the original Rope Wrench manufactured by ISIC. Do not attempt to use a "home-made" Rope Wrench.

Climbing Rope
It is recommended that 16 or 24-strand rope, made of Nylon, Polyester, Polypropylene or Kevlar/male is used. Ropes should be of a type that is approved for use in Arboriculture. Ultra-static climbing ropes is NOT recommended. Ropes should have just enough "give" or "bounce" to be comfortable. Always use the correct diameter rope: RP280, RP285 11-13mm (7/16-1/2), RP283 13mm (1/2) rope only.

Friction Hitch
It is advised that a heat resistant rope of a different material than the climbing rope is used for the friction hitch.

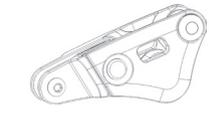
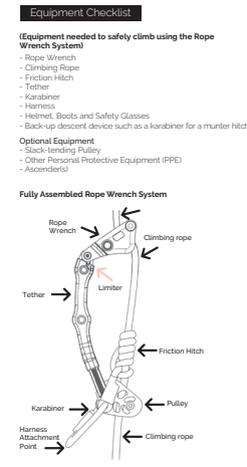
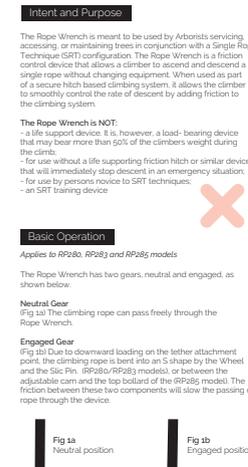
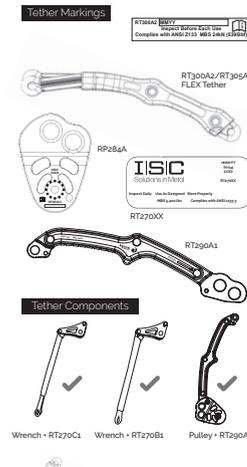
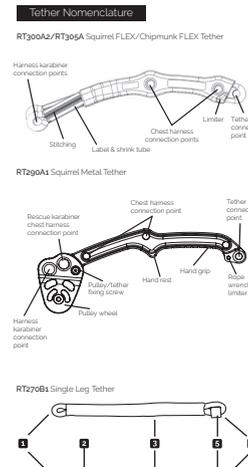
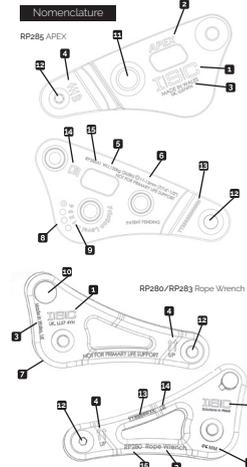
Note 1: The above recommendations for the selection of ropes are general guidelines only. There are many factors that go into selecting suitable ropes for climbing. A professional Arborist should carefully consider all the factors present before making a decision regarding the ropes to be used.

Note 2: It is recommended that each rope used in the Rope Wrench system be a different colour or pattern for clarity of distinction.

Tether
The Rope Wrench must be used in conjunction with a stiff tether, which is specifically designed for use with the Rope Wrench. Do not use tethers which are made from brittle materials, such as Acrylic or wood. Do not use home-made tethers. We recommend the use of ISIC Squared FLEX, Squared FLEX or ISIC standard textile tethers.

A suitable tether allows 8cm (3") of room between the hitch and the Rope Wrench in an engaged and fully equalised set up.

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Karabiner

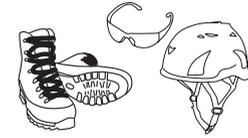
The karabiner selected must be designed for use in arboriculture:
- be self-closing
- be well-loading
- take three consecutive and deliberate motions to unlock (triple locking)
- be large enough to ensure that when configured, no loading or interference with the gate occurs
- be secured such that no loading or interference with the gate occurs
(The ISIC KH240525 HMS Karabiner is an example of an acceptable Karabiner)

Harness

The harness selected for use with the Rope Wrench system must be adjusted to best fit the climber's body. Suspended work positioning harnesses are not recommended for use with the Rope Wrench system. Harnesses with a chest attachment point may be used with the Rope Wrench and should be attached to the Tether Attachment Point or to the tether itself. A chest attachment point should not be load bearing and is only meant to keep the system upright and to keep the slack out of the system. (See section titled Setting Up the Rope Wrench System)

Helmet, Boots and Glasses

It is the responsibility of the climber to select a suitable tether. It is always recommended that the climber wear a helmet, boots, and safety glasses as have been commercially manufactured for arboriculture.



Optional Equipment Recommendations

Other PPE
Each climber will have to own unique set of obstacles and conditions that should be well understood before climbing begins. Use of other PPE such as ear, face, hand, leg and respiratory protection will depend on the level of exposure of the climber to these hazards.

Slack-Tending Pulley

When using Textile-based Tethers (such as RT300A2, RT290B1 Single, or RT290C2 Twin-leg Tether), a pulley is not essential, but is recommended in order to assist in keeping slack out of the system and for moving (tending) the friction hitch up the rope, during ascent. For this purpose, use a pulley which is specifically designed for climbing systems such as the RP282 PHLOTCH Pulley).

Ascenders

The Squirrel Tether should always be used with the Squirrel Pulley which is supplied as part of the Squirrel Tether Kit.
Ascenders
Mechanical ascent devices such as foot or hand ascenders are compatible with the Rope Wrench. Any time more gear is added to any rope system it increases the complexity and likelihood of disorder and entanglement. Extra care must be taken to maintain a clean and tidy system when using ascenders as becoming entangled in gear can lead to catastrophe especially when panicked.

Back-up Descent Device

During a particularly long descent, the life of the friction hitch can be prolonged by incorporating the use of a back-up descent device.
A murter hitch or a Square right may be used above or below the friction hitch in place of or in conjunction with the Rope Wrench. A back-up descent device can also be used if the Rope Wrench becomes incapacitated during the course of the climb, (e.g. if the climber loses the Sic Pin).

Standard Set-up Instructions

NOTE REGARDING SUBSTITUTIONS
Any climbing location has an unlimited number of potential obstacles and hazards. Even with a perfectly rigged system and all the proper PPE, some conditions can still pose a threat to a climber's safety. Consider the following when choosing a time and location for climbing:
Environmental Conditions
- Rain or moisture can lead to slipping
- Wind can affect stability and send debris toward the climber
- Lightning can often strike trees
- Humidity can affect the function of equipment, particularly the friction hitch
- Temperature can affect the function of equipment, and affect the performance of the climber

Tree-Specific Hazards

- Frost and animal habitations that can become agitated
- Dead, rotten, or weakened branches can break especially when used for anchoring
- Nearby power lines
- Anything sharp, such as nearby fences or encroaching structures

Step 1: Choosing a Time and Place

Nearly climbing location has an unlimited number of potential obstacles and hazards. Even with a perfectly rigged system and all the proper PPE, some conditions can still pose a threat to a climber's safety. Consider the following when choosing a time and location for climbing.

Step 2: Anchoring

- 1 The weight is subject to one end of the climbing rope.
- 2 Thro the weighted object over a limb or crack that will support several times the weight of the climber. A back-up descent device can also be used if the Rope Wrench becomes incapacitated during the course of the climb, (e.g. if the climber loses the Sic Pin).

Note: The climber is responsible for having sufficient knowledge and experience with tying secure anchors. If there is any uncertainty in tying an anchor, consult with a professional Arborist.

DANGER: FREE FALL HAZARD

Improperly anchored or tied climbing system will lead to free fall resulting in serious injury or death.

WARNING: USE EXCESSIVE ROPE

Excessive rope is left in the working end so that the climber can always reach the ground and will not unintentionally come off the top. If the climber intends to move from branch to branch within the tree, it is vital to supply sufficient rope to result in serious injury or death.

WARNING: USE PROPER HITCH

The friction hitch is a climber's ultimate life support and failure to properly tie and operate a friction hitch can lead to serious injury or death.

Step 3: The Friction Hitch

The secure friction hitch is the climbing rope. Examples of appropriate friction hitch styles include Veldslaan, Michaelson, Diestel, Schwabitsch, Cooper's, XT and Knuil. Mechanical friction hitches may also be acceptable (check with the manufacturer that the mechanical device is rated for SRT). The friction hitch chosen must be well understood before use.

Note: It is imperative that the climber knows how to properly tie a friction hitch. There are many variables to be considered when tying a friction hitch, such as temperature, humidity, level of expertise, desired ascent and descent speeds, etc. There is no substitute for experience and hands-on training - consult with a professional arborist if you are not properly experienced or trained.

Step 4: Attach Elements to Karabiner

Attach the ends of the text friction hitch and one end of the tether to the karabiner. If using a pulley, slide it onto the rope and attach it to the karabiner as well. Attach all elements so as to maintain symmetry on the karabiner, e.g. attach the ends of the tether on either side of the karabiner.

Test

Apply as much downward force on the karabiner as possible to ensure the friction hitch is gripping the rope properly. This should be done multiple times. Ensure that the friction hitch catches when the climbing rope is both weighted and unweighted before the Rope Wrench is attached to the line.

Step 5: Attach System to Harness

Attach the end of the karabiner to your harness at the designated attachment point. If the harness has a chest attachment point, attach it to the Tether Attachment Point or to the tether itself.

Step 6: Bounce Test

- 1 Slide the friction hitch and Rope Wrench up the climbing rope as far as possible
- 2 Lean back or crouch down so that the friction hitch grips the rope. Proceed to the next step only if this is successful.
- 3 Take a small jump and swing the legs forward, such that the entire body weight is put onto the system and the climber bounces on the rope.
- 4 Look and listen for cracking or creaking from the supporting anchors and trunk. Do not climb on the system if cracking or creaking is observed.
- 5 Be sure there is no excessive give in the branches.
- 6 Perform all relevant inspections listed in the section titled "Pre-Climb Inspections".

This test ensures the system will maintain its integrity should a fall occur.

